



Happitude

- Happy Attitude



E. V. Gireesh

Dynamic Trainer and Counsellor with passion for excellence and creativity. Well known Trainer across industries for his unique style and ability to inspire people. Internationally Certified User of Thomas PPA-HJA and an ex-Rotarian President.

Associated with Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya for the past 23 years,

Register Here: bit.do/mindovermatter2

REGISTRATION is required ONLY ONCE for the series.

Date : 5th July, 2020 (Sunday)

Time: 5:00 PM IST

LIVE



<http://www.youtube.com/c/MindOverMatterSeriesNSSGGSIU>

or bit.do/mindovermatterNSS

Chief Patron



Prof. (Dr.) Mahesh Verma
Padmashree Awardee,
Vice Chancellor, GGSIPU

Patron



Sh Ravi Dadhich
Registrar, GGSIPU



Ms. Rinku Gautam
Controller of Finance
GGSIPU

Gracing the Occasion



Prof. BVR Reddy
Professor, USICT
Co-ordinator, NSS Cell, GGSIPU

Conveners

Ms. Priyanka Bhutani
Asst. Professor, USICT
Programme Officer, NSS Unit - A

Mr. Gaurav Talan
Asst. Professor, USMS
Programme Officer, NSS Unit - A

Organized by:

NSS Cell, GGSIPU in collaboration with **NSS, IIT Delhi** and
Rajyoga Education and Research Foundation
(a sister concern of **Brahma Kumaris**).



GGSIU NATIONAL SERVICE SCHEME (NSS) CELL

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GGSIU NSS Cell



F. No. GGSIU/NSSCELL/2020/353

Dated: 03rd July, 2020

INVITATION

After the highly appreciated Launching Session-1 titled 'Emotions & our Immune System' and Session-2 titled 'Letting Go of the PAST' under Mind Over Matter – A series of sessions - Part-2, NSS, GGSIU in collaboration with the esteemed NSS, IIT Delhi and RERF cordially invite you to attend the **3rd enlightening session on a topic relevant to everyone's life - "Happitude - Happy attitude"** by **Prof. E. V. Gireesh, A dynamic well known Trainer and Counsellor across corporates and PSU's like ISRO, NPCIL, IIT's, JNU, NID, Indian Army, ICAI, ICSI, General Motors, Tata Motors, TCS** etc, for his unique style and ability to inspire people. He is an Internationally Certified User of Thomas PPA-HJA and an ex-Rotarian President associated with the Brahma Kumaris for the past 23 years on **Sunday, 05th July, 2020, 5:00 pm - 06:00 pm IST** on our **YouTube LIVE** channel please see below link:

Direct YouTube Link-<https://youtu.be/jJ4f10Exhu0>

Mind Over Matter YouTube channel: www.youtube.com/c/MindOverMatterSeriesNSSGGSIU

"Our attitude determines Our altitude". The results of creating a happy attitude training in corporate houses have been astounding. Employing a Happy Attitude helps us to achieve our goals and make us a more likable person. A good healthy level of happiness helps people's careers and productivity by 31%, accuracy on tasks by 19%, as well as a myriad of health, relationships, and quality of life improvements.

The Session will be graced by Ms. Rinku Gautam, Controller of Finance, GGSIU & Prof. B. V. R. Reddy Professor, USIC&T, Programme Coordinator, NSS Cell, GGSIU

These series are aimed to help individuals, especially students to develop their inner potential, manage resources of their Mind, and especially to cope with the current challenging situations of the Covid-19 era.

Email ID: mindovermatter@ipu.ac.in

Registration Link: <http://bit.do/mindovermatter2>

Best Wishes for Healthy and Happy Times ahead,
Team NSS Unit-A, GGSIU

Ms. Priyanka Bhutani,
Asstt. Professor, USIC&T
Prog. Officer (NSS Unit-A)
GGSIU NSS Cell

Mr. Gaurav Talan
Asstt. Professor, USM
Prog. Officer (NSS Unit-A)
GGSIU NSS Cell

Prof. B.V. Ramana Reddy
Professor, USIC&T
Program Coordinator,
GGSIU NSS Cell

Copy to:

1. All Deans/Directors/Principals of USS/Affiliated Institutes with the request to inform all the students and faculty members and office staff of their respective School/Institute
2. Controller of Finance
3. AR to Hon'ble Vice Chancellor for kind information of Hon'ble Vice Chancellor
4. AR to Registrar for kind information of Hon'ble Vice Chancellor
5. Head UITS with the request to please upload on the University website.